

## Seeking The Face of God

### Prayer Guide

#### Week 11

### Hindrances to Seeking His Face: Distractions

*I will return again to My place Till they acknowledge their offense. Then they will seek My face; In their affliction they will earnestly seek Me.*

#### Hosea 5:15 (NKJV)



**Prayer Focus:** In our days, one of the biggest hindrances to seeking the Face of God is our constant battle with distractions. Somehow in our age of technology, and in this age of multi-tasking, we find it hard to concentrate on any one task for more than a few minutes. We feel a compelling urge to constantly be checking to see if we have any new emails, or what is the latest post on Facebook or other social media. Our telephones are our constant companions, and to sit for any long periods of time in silent contemplation seems to drive us crazy. Yet, the truth is, if we truly want to seek and find the Face of God, then we must deal with the issue of distractions. God's attitude in these verses is, that He will wait until He sees evidence that the people are serious and committed to seeking Him. How serious do we show ourselves to be when we cannot sit in His presence for more than a few minutes? How desperate are we to truly seek His Face? Serious enough to deal harshly if necessary with those things that distract us from the task of seeking His Face? It is a battle we all face, but a battle we must win if we are to truly seek His Face.

- Day 1:** Today, ask the Lord to reveal to you those distractions that are hindering you from giving your full attention to seeking His Face.
- Day 2:** Confess to the Lord those things that are distractions and ask the Lord to give you power to overcome those distractions in order to seek His Face.
- Day 3:** Ask the Lord for specific ways in which you can effectively deal with these distractions.
- Day 4:** Today, rededicate yourself to seeking the Lord, and His Face with all your heart and attention.
- Day 5:** Pray for the other people in your church, that they would be able to effectively deal with distractions that hinder them from seeking God's Face.
- Day 6:** Pray for the greater Body of Christ in your city. Pray for victory over the distractions that keep us all from being effective for the Kingdom of God.
- Day 7:** Spend time today praying for missionaries who also have to deal with these issues of distractions in their lives.