

The Year of Harvest

Prayer Guide

Week 27

The Year of Harvest –Fruit of the Spirit – Patience and Kindness

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!.

Galatians 5:22-23 (NLT)



Prayer Focus: The fruit of the Spirit is a part of the life that God wants to produce in and through our lives as a demonstration of His grace and love for us. The reward of the living out of these fruits will be experienced at the Judgment Seat of Christ. This week we want to look at the fruits of patience and kindness. Patience has the meaning of “keeping under” or to suffer long, to have forbearance or self restraint before taking action. The idea is of a person who could respond, but does not. It is especially associated with patience in respect to persons, and is associated with mercy. It is having tolerance with circumstances or persons, and not lashing out against them with impatience, anger or revenge. If circumstances are difficult, or persons mistreat us or speak evil against us, we wait and trust ourselves into the hands of the Lord, for Him to work out the situation. Remember, this is a fruit of the Spirit of God, a part of the character of God living through our lives. Kindness has the idea of gentleness, goodness, kindness (2 Corinthians 6:6). It has been described as the grace that fills the whole nature of a person, and mellows all which has been harsh. This word is used of wine that mellows with age (Luke 5:39). It is also the kindness that reaches out to meet the needs of others, as in the idea of usefulness, and philanthropy. It is again a reflection of the character of God who was patient and kind to us, and this kindness leads us to repentance (Romans 2:4). Paul describes the riches of God’s grace in his kindness to us in Christ Jesus (Ephesians 2:7). Just as God has been kind and good to us and not treated us as we deserve, so we are to show this same kindness to others, whether believers or unbelievers. What a difference it would make in our world if we as God’s people were to truly live out these fruits of the spirit in our lives. The fruit of patience and kindness.

Day 1: Meditate on the meaning of the fruits of joy and peace, and their place in your life today.

Day 2: Praise the Lord today that He is the one who can produce patience and kindness in your life.

Day 3: Look closely at your life today, where are the areas where you need more patience and kindness? Ask the Lord to fill you with His Spirit.

Day 4: Pray that these fruits of the Spirit of God would be a part of your family life.

Day 5: Pray that your church would be teaching these fruits of the spirit to their people.

Day 6: Pray patience and kindness to be a witness through the other churches in your city.

Day 7: Pray for missionaries teach and be examples of patience and kindness on their mission field.